



Palisades Presbyterian Church

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Communion is an opportunity to share your faith with your children, teach them the traditions of the church, and experience God's extravagant grace.



COMMUNION
FOR THE FAMILY

WHAT IS COMMUNION?

Communion is one of the two sacraments that PC(USA) churches practice. A sacrament is the visible representation of an invisible reality. Communion, or the Lord's Supper, is a sign of Christ's sacrificial love for us. We share the bread and juice with the assurance that Jesus our Savior is present with us. Communion also reminds us of the love that Christians share with one another. Communion is a gift of grace freely offered to all persons, including children.

WHERE IS THE LORD'S SUPPER IN THE SCRIPTURES?

- Matthew 26:17-30
- Mark 14:12-26
- Luke 22:7-39
- 1 Corinthians 11:23-26

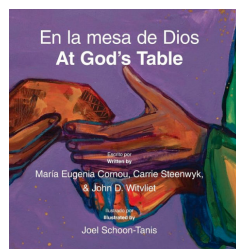
HOW DOES PPC PRACTICE COMMUNION?

- At PPC, we take communion by coming forward, after the pastor(s) have prayed and blessed the meal, to receive the elements of bread and juice.
- Elders and Deacons (those who are in leadership of the church) are allowed to serve communion.
- As you take the bread, the Elder or Deacon will say, "This is the body of Christ broken for you."
- As you take the juice, the Elder or Deacon will say, "This is Christ's blood poured out for you."
- After you take both elements, it is appropriate to say, "Amen."
- Then, in a moment of reflection, you eat the elements.

WE HAVE SOME QUESTIONS...

If you have some questions and you would like to talk with Pastor Cassie about this, please reach out to set up a time. Her contact information is on the back of this brochure.

A GREAT LEARNING RESOURCE



En la mesa de Dios/At God's Table
by John D. Witvliet & María Eugenia Cornou



HOW CAN MY CHILDREN PARTICIPATE?

Children are welcome to participate in communion with their family. We encourage parents to talk to their children about what communion is, why we practice it, and what their options are to be involved.

There are three ways children can be involved:

1. They can partake of the meal.
2. They can receive a blessing from the pastor.
3. They can simply walk with their family without eating or receiving a blessing.

If you would like to have your family receive the elements and then have a prayer together on the side of the sanctuary to partake together, that is lovely.

How you choose to take communion as a family is up to you. We invite you to have a conversation and form a plan for how you as a family will participate.

